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Program
16th European
Spine Symposium

15th – 17th March 2024
Budapest, Hungary

Program

16th European Spine Symposium
15th – 17th March 2024

Friday, 15.3.2024

18.00	Registration	
18.30 – 19.00	Welcome	Ivanic
19.10 – 19.35	Osteoporosis: Definition- Treatment-Perspectives and Future	
19.35 – 19.50	Company Perspective	Hones
20.00	<i>Dinner at the hotel</i>	

Saturday, 16.3.2024

7.15 – 8.00	Spine Movement	Marquez
9.00 – 9.15	Lordotic problems in the Lumbar Spine	Ivanic
9.15 – 9.30	Lumbar Hyperlordosis and Facet Syndrome – What can we do?	Boada
9.30 – 9.45	Hyperkyphosis of the Thoracic Spine (Floppy, Scheuermann, Fracture – Osteoporosis)	Dionyssiotis
9.45 – 10.00	Treatment of juvenile and flexible Hyperkyphosis	Avellanet
10.00 – 10.15	Treatment of adult and rigid Hyperkyphosis	Aznárez Jiménez
10.15 – 10.45	<i>Coffee break</i>	
10.45 – 12.15	Rotation-Workshops	
	Group 1 – Spinomed Presentation: Indication – How it works – Hands on	Schwanengrug
	Group 2 – Posture shirt Presentation: Indication – How it works – Hands on	Vogel
	Group 3 – Lumbamed Facet Presentation: Indication – How it works – Hands on	Hoffmann
12.15 – 13.00	<i>Lunch break</i>	
13.00 – 13.15	Posture Plus shirt for cervical pain in women: A Randomized Cross-Over Trial	Avellanet

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13.15 – 13.30	Effects of the "Spinomed active" orthosis on chronic back pain in kyphotic women with osteoporotic vertebral fractures three months and older: A randomized controlled study	Stengel
13.30 – 13.45	Similar orthosis but various results. A comparison of Spinomed vs. "Spinomed – type" orthoses in subjects of different origin.	Dionyssiotis
13.45 – 14.00	Up-Date DVO – Osteoporosis Guidelines	Pfeifer
14.00 – 14.15	The utility of a dynamic spinal orthosis in the treatment of Camptocormia	Aznárez Jiménez
14.15 – 14.30	Summary	Ivanic
14.30 – 15.00	<i>Coffee Break</i>	
15.30 – 17.30	Therapy with Orthosis Meet the experts	Product Forum
18.30	<i>Dinner</i>	

Sunday, 17.3.2024

7.30 – 8.15	Double Espresso Smart Flow Yoga	Marquez
	<i>Departure</i>	
10.00 – 13.00	<i>Social program</i>	